

**SREE SIDDAGANGA COLLEGE OF ARTS, SCIENCE AND COMMERCE FOR WOMEN**

**B H ROAD TUMAKURU**

**Department of Physical Education**

**Sports Report 2021-22**

Physical education and general education are like two faces of a coin. Tumkur district is always in front line regarding physical education.

With the blessings of His Holiness Dr Sri Sri Sri Shivakumara Maha Swamiji. The founders of SSES. His holiness Sri Sri Sri Siddalinga Swamiji, the president of SSES and with the cooperation of Sri T K Nanjundappa honorable secretary SSES. The students of our college able to participate in almost all the tournaments held in the year 2021-22. Here, we are proud to mention the support given by Dr K C Jayaswami Principal and all HODs, lecturers and remember of the no-teaching staff, office staff. Our students have participated in the inter-college, inter-university and national level tournaments for the games like volleyball, handball, kabaddi, ball badminton, shuttle badminton, net ball, chess, cross country, wrestling and athletics.

As per the instructions from the Department of Collegiate Education, mass prayer is compulsory in degree colleges, our students have been participating in the mass prayer at 8:20am every morning in a disciplinary manner with devotion.

Our students were continued their practices during the covid-19, also meanwhile they gave importance to yoga and health related aspects.

KumariBhavana S N, Ranjitha H U, Shilpa N, Shilpa S who are recognized and honored as best players of the year.

Our students have participated in the state level Dasera sports and also in state level Senior and Junior Throw Ball Tournaments, they got second place in District level Dasera sports, our students own prizes in Karnataka Senior and Junior Ball Badminton Tournament also. They also own the place in Dasera Wrestling Tournament.

Student Kavana H G has represented Tumkur University in National Level Athletic championship held in bhuvaneshwar, odissa and got 3<sup>rd</sup> place.

Our students KavyaA N and Pankaja B K represented Tumkur University in National Level Wrestling Championship held in Hariyana, Raksitha R has participated in National level Weight lifting Championship held in Gunturu, Shabanum Alia K J has participated in South Zone Kabaddi championship.

Kiran Nandan has participated in many Rifle Shooting Championship and own the Bronze medal, Silver medal and she has got Gold medal in National Level also. Ambika R has participated in National Level, Inter-university level tournaments in Ball badminton and own the many prices in this tournament.

Following is the list of games and number of participants who took part in the National level, Inter-university tournaments by representing Tumkur University:

1. Ball Badminton – 3 players
2. Shuttle Badminton – 1 player
3. Hand Ball – 4 players
4. Wrestling – 2 players
5. Weight lifting – 1 player
6. Athletics – 1 player
7. Volleyball – 3 players
8. Rifle Shooting – 1 player
9. Kho Kho– 1 player

College has conducted inter-class competitions in Athletics, Chess, Carom, Table tennis, Throwball, Badminton, Volleyball, Kabaddi, Ball badminton, Hand ball to encourage the students to take part in the sports. The winners of first, second and Third places got medals with certificates. Kavana H G second year Bcom excelled as Athletic Champion. Special thanks to Mr Siddagangaiah Kabaddi coach who train up our students for a month, with remarkable support of Dr K C Jayaswami Principal members of teaching and non-teaching staff and the active role of Mr Vishwananda N Director of Physical education of the college are worthy to remember.

  
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